

MEDICATIONS THAT INTERFERE WITH ALLERGY SKIN TESTING

The following medications must be stopped for **AT LEAST 10 DAYS** prior to skin testing:
(*Please consult with your prescribing physician before discontinuing these medications.)

Amitriptyline	Imipramine	Tofranil
Doxepin	Pamelor	Triavil
Elavil	Sinequan	

The following medications must be stopped for **AT LEAST 7 DAYS** prior to skin testing:

Alavert	Brovex	Desipramine	Optivar
Allegra	Cetirizine	Desloratidine	Patanol
Allegra-D	Claritin	Fexofenadine	Vistaril
Astelin	Claritin-D	Hydroxyzine	Zyrtec
Atarax	Clarinx	Loratidine	

The following medications must be stopped for **AT LEAST 72 HOURS** prior to skin testing:

Accuhist	Famotidine	Ranitidine	Zaditor
Axid	Pepcid	Tagamet	Zantac
Cimetidine	Q-Dal	Tanifed	

Any other medications that contain **ANTIHISTAMINES** or have antihistamine effects, whether prescription or over-the-counter, need to be stopped for **AT LEAST 2 DAYS** prior to skin testing. These include some of the following:

Actifed	Cyproheptadine	PediaCare	Sinulin
Advil Cold and Sinus	Deconamine	Periactin	Sinutab
Advil PM	Dimetane	Phenergan	Sleep aids (OTC)
Alka-Seltzer Plus	Dimetapp	Pheniramine	Sudafed Plus
Allerest	Diphenhydramine	Polaramine	Tavist
AlleRx (blue pill)	Dramamine	Promethazine	Tussionex
Antivert	Dristan	Pyrilamine	Tylenol Allergy Prep
Atrohist	Drixoral	Rescon	Tylenol PM
Benadryl	Novafed	Rescon MX	Vicks Formulas
Bromfed	Kronofed	Robitussin Cold	
Chlortrimeton	Mescolor	Rondec	
Chlorpheniramine	Naldecon	Ryna Liquid	
Contac	Nolahist	Rynatan	
Comtrex	Nolamine	Rynatuss	
Coricidin	Nyquil	Ru-Tuss	

Co-Tylenol Nytol Sine-Off

MEDICATIONS THAT DO NOT INTERFERE WITH ALLERGY SKIN TESTING:

Nasal and bronchial **inhalers** (except Astelin-azelastin) DO NOT affect skin testing and MAY BE CONTINUED.

Oral allergy and asthma medications that MAY BE CONTINUED without affecting testing include:

CORTICOSTEROIDS (cortisone-like medications):

Aristocort	Deltasone	Pediapred	Prelone
Celestone	Medrol	Prednisone	
Decadron	Methylprednisolone	Prednisolone	

BRONCHODILATORS (open breathing tubes):

Albuterol	Metaprel	SloBid	Somophyllin
Alupent	Primatene	Theodur	Uniphyl
Aminophylline	Maxair	Theolair	
BronkAid	Proventil	Theophylline	

NASAL DECONGESTANTS (without antihistamines):

Entex LA	Sudafed (plain) - not Sudafed Plus
Entex PSE	Pseudoephedrine (plain)

ASTHMA MEDICATIONS:

Advair	Flovent	QVAR
Asmanex	Intal	Singulair
Azmacort	Pulmicort	Zyflo

Other medications **without effects on allergy skin testing** include: antibiotics, high blood pressure, arthritis, diabetes, cardiac, thyroid medications, etc.

If you have any questions about the possible effect of other medications you might be taking, please do not hesitate to call us or your pharmacist. If your condition is of such severity that you are taking medication with antihistamine effects which cannot be stopped, continue taking the medication and be sure to let the doctor know of this at the time of your visit. In most cases, we can provide alternative medications which will not affect skin tests at the time of the initial visit to the clinic, and postpone skin testing until a later date.